

# PSYCHOLOGY

## SEMESTER III

**EXAMINATION TO BE HELD IN the years 2015, 2016, 2017**

**Course No: PY-301 (Theory)**

Duration of Exam: 3 Hrs

**4 credits**

**Title: Human Development**

Total marks: 100

Theory Examination: 80

Internal Assessment: 20

**OBJECTIVES:** The course is designed to provide conceptual foundation of human development. It focuses on human development in different domains.

### UNIT I

Nature, Issues, and scope of studying Human Development.

**Designs :** Longitudinal, cross – sectional and sequential designs.

### UNIT II

**Heredity :** Basics of Genetics, Genetic disorders, Heridity and Environment,

**Prenatal development:** Stages of Prenatal development and factors influencing Prenatal Development.

### UNIT III

**Theories of Human Development :** Freud, Erickson, Bandura, Piaget, Vygotsky.

### UNIT IV

**Infancy:** Physical changes; Language Development; Social – Emotional Development.

**Childhood:** Physical changes; Language Development; Social – Emotional Development.

### UNIT V

**Adolescence:** Physical changes; Cognitive Development; Social Emotional Development.

**Adulthood:** Self concept and identity; Erickson’s view of Young Adulthood; career; Marriage and Parenthood.

### BOOKS RECOMMENDED

Bee, H., & Boyed, D. (2002). Life span Development. Allyn & Bacon.

Feldman, R. S. (2002). Development across the Life span. Upper Saddle River, NJ: Prentice Hall.

Hurlock, E. B. (2002). Child Growth and Development. New York: Mc Graw hill.

Srivastva, A. K. (1998). Child Development: An Indian Perspective. New Delhi: NCERT.

Sharma, A., & Bakhshi, A. (2008). Text Book of Development and Abnormal Psychology. Jammu: NR Publications.

**NOTE FOR QUESTION PAPER SETTING:**

The question paper would contain two types of questions, that is, **Long Answer Type Questions and Short Answer Types Questions.**

There would be **two long answer type questions**, set from each unit; out of which one question will have to be attempted by the students, **unitwise.**

Similarly, there would be **two short answer type questions**, set from each unit. The student will have to attempt **one short answer type question** from each unit. In all, students will have to attempt **five long answer type questions** and **five short Answer type questions** out of five units.

Long answer type questions would carry **Sixty marks (12 marks, each question)**; and Short answer type questions would carry **Twenty marks** for five questions (**4 marks, each question**). These questions would be set **unitwise** in the question paper, separately.

**Internal Assessment (Total 20 marks)**

**Distribution of internal assignment as under:**

- i) Class test : 10 marks**
- ii) Two written assignments: 10 marks (05 marks each)**

# **PSYCHOLOGY**

## **SEMESTER III**

**Course No: PY-301 (Practical)**

Duration of Exam: 3 Hrs

8 credits

**Title: Practicals III**

Total marks: 50

External: 25 marks

Internal: 25 marks

The total number of experiments/tests to be performed in a semester will be five. These experiments/tests will be selected from a list of experiments/ tests to be provided by the college department based on the theory content.

There will be one examination of three hours duration in a single session. The students will be required to perform one experiment/test in external examination and one experiment/test in internal examination. The distribution of marks will be as follows:

### **INTERNAL ASSESSMENT**

Conduction: 10 marks

Attendance: 05 marks

File: 05 marks

Viva voce: 05 marks

### **EXTERNAL EXAMINATION**

Conduction: 10 marks

Viva voce: 15 marks

# PSYCHOLOGY

## SEMESTER IV

**EXAMINATION TO BE HELD IN the years 2016, 2017, 2018**

**Course No: PY-401 (Theory)**

Duration of Exam: 3 Hrs

**Title: Abnormal Psychology**

Total marks: 100

Theory Examination: 80

Internal Assessment: 20

**4 credits**

**OBJECTIVES:** The course is designed to provide knowledge about the nature and course of various abnormal conditions as well as therapeutic interventions.

### UNIT I

**Normality and Abnormality;** Classification of Abnormal Behaviour (DSM IV AND V) causal factors in Psychopathological behaviour;  
Determinants of Abnormal Behaviour: Biological, Psychological and Socio – cultural.

### UNIT II

**Frustration** – Nature, Sources and Maladaptive consequences.  
**Stress and Coping:** Adjustment Disorder-PTSD.

### UNIT III

**Psychopathological Disorders:**

Phobias, GAD, OCD (symptoms and etiology),

Mood Disorders :Unipolar and bipolar(symptoms and etiology),

Schizophrenia (symptoms and etiology).

### UNIT IV

**Delinquency:** Nature and causes

**Mental Retardation:** Nature; Causes; Prevention and Intervention, Families of Mentally retarded children.

**Therapies:** Psychoanalytic; Behaviour; Cognitive; Humanistic and Existential.

### BOOKS RECOMMENDED

Durand, V. K. & Barlow, D. H. (2000). Abnormal Psychology: An Introduction. New York: Wadsworth,

Mohanty, G. (2001). Abnormal Psychology. Ludhiana: Kalyani Publishers.

Page, J. D. (2000). Abnormal Psychology. New Delhi: Tata McGraw Hill.

Sarason, I. G. & Sarason, B. R. (2002). Abnormal Psychology. Singapore: Pearson Education.

## **NOTE FOR QUESTION PAPER SETTING:**

The question paper would contain two types of questions, that is, **Long Answer Type Questions and Short Answer Types Questions.**

There would be **two long answer type questions**, set from each unit; out of which one question will have to be attempted by the students, **unitwise.**

Similarly, there would be **two short answer type questions**, set from each unit. The student will have to attempt **one short answer type question** from each unit. In all, students will have to attempt **five long answer type questions** and **five short Answer type questions** out of five units.

Long answer type questions would carry **Sixty marks (12 marks, each question)**; and Short answer type questions would carry **Twenty marks** for five questions (**4 marks, each question**). These questions would be set **unitwise** in the question paper, separately.

### **Internal Assessment (Total 20 marks)**

#### **Distribution of internal assignment as under:**

- i) Class test : 10 marks**
- ii) Two written assignments: 10 marks (05 marks each)**

# PSYCHOLOGY

## SEMESTER IV

**Course No: PY-401 (Practical)**

Duration of Exam: 3 Hrs

**Title: Practicals IV**

Total marks: 50

External: 25 marks

Internal: 25 marks

### **8 credits**

The total number of experiments/tests to be performed in a semester will be five. These experiments/tests will be selected from a list of experiments/ tests to be provided by the college department based on the theory content.

There will be one examination of three hours duration in a single session. The students will be required to perform one experiment/test in external examination and one experiment/test in internal examination. The distribution of marks will be as follows:

### **INTERNAL ASSESSMENT**

Conduction: 10 marks

Attendance: 05 marks

File: 05 marks

Viva voce: 05 marks

### **EXTERNAL EXAMINATION**

Conduction: 10 marks

Viva voce: 15 marks

**Extension activity:** A field visit to the NGO's, Psychiatric Units, and Rehabilitation Centres.

# PSYCHOLOGY

## SEMESTER V

**EXAMINATION TO BE HELD IN the years 2016, 2017, 2018**

**Course No: PY-501 (Theory)**

Duration of Exam: 3 Hrs

**Title: Measurement and Statistics in Psychology**

Total marks: 100

Theory Examination: 80

Internal Assessment: 20

**4 credits**

**OBJECTIVES:** This course is designed to make students familiar with the concepts and methods used in statistical analysis.

### UNIT I

**Statistics:** Meaning and its role in psychological research. Scores, frequency, continuous and discrete series. Graphical Representation – histogram, frequency polygon and ogives.

### UNIT II

**Measures of Central tendency** – Mean, Median and Mode.

### UNIT III

**Measures of Variability** – Range, MD, SD, QD (grouped data). Percentile and Percentile rank.  
**Correlation:** Meaning, Uses. Product moment & Rank difference method.

### UNIT IV

**Psychological Testing:** Definition, Uses and Criteria of a good test.

**Reliability & Validity:** Concept & types.

**Concept of Population,** Samples and its Types. Design and control of experiments. Formulation of Hypothesis. Independent and dependent Variables. Control and Experimental groups.

### UNIT V

**Measurement scales** – Nominal, Ordinal, Interval and Ratio Scales. Sources of error in measurement.

**Scaling techniques** – Rating Scales, Method of Paired comparisons. Differential scales (Thurstone), Summated scales (Likert).

### BOOKS RECOMMENDED

Howitt, D., & Cramer, D. (2011). *Introduction to Research Methods in Psychology*. 3/e. U.K.: Person Education Limited.

Kaltenbach, H-M. (2012). *A Concise Guide to Statistics*. New York: Springer.

Kerlinger, F.N. (1983). *Foundations of Behavioural Research*. New Delhi: Surjeet Publication.

Kothari, C.R. (2004). *Research Methodology: Methods and Techniques*. New Delhi: New Age International (P) Ltd., Publishers.

Verma, L.K. and Sharma, N.K. (2000). *Advanced Statistics in Education and Psychology*. Jalundhar: Narendra Publishing House.

#### **NOTE FOR QUESTION PAPER SETTING:**

The question paper would contain two types of questions, that is, **Long Answer Type Questions and Short Answer Types Questions**.

There would be **two long answer type questions**, set from each unit; out of which one question will have to be attempted by the students, **unitwise**.

Similarly, there would be **two short answer type questions**, set from each unit. The student will have to attempt **one short answer type question** from each unit. In all, students will have to attempt **five long answer type questions** and **five short Answer type questions** out of five units.

Long answer type questions would carry **Sixty marks (12 marks, each question)**; and Short answer type questions would carry **Twenty marks** for five questions (**4 marks, each question**). These questions would be set **unitwise** in the question paper, separately.

#### **Internal Assessment (Total 20 marks)**

##### **Distribution of internal assignment as under:**

- i) Class test : 10 marks**
- ii) Two written assignments: 10 marks (05 marks each)**



# **PSYCHOLOGY**

## **SEMESTER V**

**Course No: PY-501 (Practical)**

Duration of Exam: 3 Hrs

**Title: Practicals V**

Total marks: 50

External: 25 marks

Internal: 25 marks

### **8 credits**

The total number of experiments/tests to be performed in a semester will be five. These experiments/tests will be selected from a list of experiments/ tests to be provided by the college department based on the theory content.

There will be one examination of three hours duration in a single session. The students will be required to perform one experiment/test in external examination and one experiment/test in internal examination. The distribution of marks will be as follows:

### **INTERNAL ASSESSMENT**

Conduction: 10 marks

Attendance: 05 marks

File: 05 marks

Viva voce: 05 marks

### **EXTERNAL EXAMINATION**

Conduction: 10 marks

Viva voce: 15 marks

# PSYCHOLOGY

## SEMESTER VI

**EXAMINATION TO BE HELD IN the years 2017, 2018, 2019**

**Course No: PY-601 (Theory)**

Duration of Exam: 3 Hrs

**Title: Social Psychology**

Total marks: 100

Theory Examination: 80

Internal Assessment: 20

**4 credits**

**OBJECTIVES:** This course aims at enabling students understand the social behavior and the social influences on behaviour.

### UNIT I

**Social Psychology:** Nature, Scope and importance.

**Methods:** Interview, Field survey, Questionnaire, and Sociometric.

### UNIT II

**Groups and Crowd :** Nature, Types & Functions of a group.

**Leadership:** Concept, characteristics and Functions, Trait and Behavioural theories of leadership.

### UNIT III

**Attitudes:** Nature, Formation and Determinants. Measurement: Method of Equal appearing interval, Method of Summated Rating, Social Distance Scale, Semantic Differential.

**Public Opinion:** Meaning, Characteristics and Formation. Methods of measuring Public Opinion.

### UNIT IV

**Prejudice:** Nature, Types and Formation. Methods of reducing Prejudice.

**Stereotypes:** Nature & Kinds.

**Propaganda:** Nature, Kinds, Techniques.

### UNIT V

**Socialization:** Meaning and Process, Stages of Socialization: Infancy, childhood and Adolescence. Theories of socialization: Cooley, Freud, Behaviouristic Theory.

**Social Interaction:** Nature, Types & Process: Communication, Cooperation, Competition, Conformity, Compliance, Social facilitation.

## BOOKS RECOMMENDED

Baron, R. A., & Branscombe, N. R. (2012). *Social Psychology*. 13/e. New Jersey: Pearson Education Limited.

Baron, R.A. & Byrne, D. (2003). *Social Psychology*. (10th ed.). New Delhi: Pearson Education.

Kassin, S., Fein, S., & Markus, H. R. (2011). *Social Psychology*. 8/e. Wadsworth, Cengage Learning.

Worchel, S.; Cooper, J.; Goethals, G.R & Olson, J.M. (2000). *Social Psychology*. NJ: Wadsworth Thomson Learning.

### NOTE FOR QUESTION PAPER SETTING:

The question paper would contain two types of questions, that is, **Long Answer Type Questions and Short Answer Types Questions**.

There would be **two long answer type questions**, set from each unit; out of which one question will have to be attempted by the students, **unitwise**.

Similarly, there would be **two short answer type questions**, set from each unit. The student will have to attempt **one short answer type question** from each unit. In all, students will have to attempt **five long answer type questions** and **five short Answer type questions** out of five units.

Long answer type questions would carry **Sixty marks (12 marks, each question)**; and Short answer type questions would carry **Twenty marks** for five questions (**4 marks, each question**). These questions would be set **unitwise** in the question paper, separately.

### Internal Assessment (Total 20 marks)

#### Distribution of internal assignment as under:

- i) Class test : 10 marks
- ii) Two written assignments: 10 marks (05 marks each)

# **PSYCHOLOGY**

## **SEMESTER VI**

**Course No: PY-601 (Practical)**

Duration of Exam: 3 Hrs

**Title: Practicals VI**

Total marks: 50

External: 25 marks

Internal: 25 marks

8 credits

The total number of experiments/tests to be performed in a semester will be five. These experiments/tests will be selected from a list of experiments/ tests to be provided by the college department based on the theory content.

There will be one examination of three hours duration in a single session. The students will be required to perform one experiment/test in external examination and one experiment/test in internal examination. The distribution of marks will be as follows:

### **INTERNAL ASSESSMENT**

Conduction: 10 marks

Attendance: 05 marks

File: 05 marks

Viva voce: 05 marks

### **EXTERNAL EXAMINATION**

Conduction: 10 marks

Viva voce: 15 marks