

<u>DIRECTORATE OF DISTANCE & ONLINE EDUCATION (DD&OE)</u> <u>UNIVERSITY OF JAMMU, JAMMU-180006</u>

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<u>Directorate & Distance & Online Education organizes guest</u> <u>lecture on the theme "Role of Youth in Nation Building"</u>

The Directorate of Distance & Online Education today organized a Guest Lecture on the theme "Role of Youth in Nation Building" for the students of DD&OE and Directorate of Sports and Physical Education, University of Jammu. The guest speaker was Prof.Sudarshanlyengar, formerVice-Chancellor, Gujarat Vidyapith, Ahmedabad.

In an interactive session, Prof.SudarshanIyengar threw light on the challenges faced by the youth of today and suggested ways to handle them. Presenting his views in 'Gandhian' perspective, he motivated the youth to stay committed towards achievement of goals by pursuing values like truthfulness, non-violence, simplicity, fearlessness and tolerance.Prof.Iyengar spoke at length about harmony at self/individual and social levels, citing examples and narrating cases. He motivated the participants to identify local problems and work on their solutions with a 'bottom-up' approach. "Sustainable lifestyles lead to joy, happiness and well-being", he added.

In her presiding remarks Director, Directorate of Distance & Online Education, Prof.NeeluRohmetra talked about balancing act of life and behaviour to combine pragmatism, modernisation with the indigenous and the cultural roots of our country. She encouraged to invoke this balance for a fruitful outcome in all walks of personal & professional life. Prof.Rohmetrain her remarks placed emphasis on the value of co-existence in competitive perspective for larger good.

The session was coordinated by Dr.NeelamChoudhary and, Prof.AnjuThappa presented vote of thanks. The event was attended enthusiastically by large number students, faculty and the staff.